

**PROGRAMME MARCH, APRIL, MAY 25** 

www.verwoodramblers.org.uk

## GENTLE EXERCISE FRESH AIR GOOD COMPANY

Our club, formed in 1972, offers three walks of 3-4 miles, 5-6 miles, and 9-10 miles, each week, enjoying the stunning downland of Cranborne Chase, woodland and heath in the New Forest, and coastal paths of the Purbecks and World Heritage Jurassic Coast. *"TRY BEFORE YOU BUY" - WHY NOT JOIN US FOR A TASTER* 



**NB1:** People should be aware of their own fitness levels and ability to complete a walk before they start out. Walkers should be appropriately dressed and prepared for a wide variety of terrain and weather conditions.

**NB 2**: Dogs are not allowed.

NB 3: All walks start at 10:00 unless shown otherwise.

## All Mileages are approximate

	MARCH
1 Sat	KEYHAVEN Exp OL22 GR SZ 300 909   Meet at footbridge at junction of New Lane and Saltgrass Lane parking either side   10 mls sea breezer - Keyhaven Nature Reserve and Marshes and Lymington Sea Walls.
4 Tues	WEST MOORS MEMORIAL HALL CPExp OL22 GR SU 078 0324 mls Uddens and Holt Heath circular via footpaths and bridleways. There will be some mud and puddles. No stiles, level.
5 Wed	<b>BOLTON'S BENCH CP</b> Exp OL 22 GR <b>SU 303 081</b> w3w// <b>countries.meaty.finishers</b> Meet at War memorial at junction of Beaulieu Road & A35 just East of Lyndhurst town centre <b>6 mIs</b> walk along The Ridge, then through mixed woods of Denny and Parkhill Inclosures to the East of Lyndhurst, Park Pale and return by Beechen Lane.
7 Fri	CRANBORNE GARDEN CENTRE CPExp 118 GR SU 055 131Please park at the far end and consider taking refreshments on return.8.5 mls Cranborne and the Allen Valley. Across country, Jacks Hedge, Monkton Drove, skirtWimborne St Giles. Expect it to be muddy.
9 Sun	FRITHAM CP on the left just past Royal OakExp OL22 GR SU 230 1417 mls via Rakes Brakes Bottom, Holly Hatch Cottage, Splash Bridge, Hallickshole Hill, Hampton Ridge, Amberwood Inclosure, Thorns Inclosure. Lunch stop.
11 Tues	CORFE MULLEN RECREATION GROUND CPExp 118 GR SU 987 9823.3 mls to Happy Bottom and the old railway line.Exp 118 GR SU 987 982
12 Wed	WEST MOORS MEMORIAL HALL CPExp OL22 GR SU 078 0326 mls Whitesheet, Higher Row, Holt Heath circular via footpaths and bridleways. There will be some mud and puddles. No stiles, some inclines.

15 Sat	WORTH MATRAVERS   Exp OL 22 GR SY 974 777     Parking donation requested (toilets)   Parking donation requested (toilets)
	<b>9.5 mls</b> via southwest coast path to Durlston Head for lunch & toilets, returning along Priests Way. Undlating, 700ft cumulative ascent and likely still to be muddy in places.
18 Tues	PAMPHILL GREEN CPExp 118 GR ST 990 0073.8 milesAbbott Street Copse, back of Kingston Lacy, Stour Valley Way, Cowgrove. A few squeeze stiles. Good paths but may be mud.
19 Wed	DRUSILLA'S INN, pub car park. Exp 118 GR SU 039 075   Please consider taking refreshments in the pub on return   5 mls round walk out and about up to Horton Tower and back. A few stiles and mud likely
21 Fri	WEST MOORS MEMORIAL HALL CPExp OL22 GR SU 078 03210 mls Holt Woods, Horton Tower, Holt Heath. On footpaths, bridleways and tarmac. Some mud and puddles very likely. Several stiles, some inclines
23 Sun	MARTIN DOWN NATURE RESERVE CP Exp OL22 GR SU 037 200 w3w///flip.tenses.cemented   10 mls Vernditch Chase, Cowley, Cow Down, Ox Drove and back along the old Roman Road.
25 Tues	POTTERNE PARK, by tennis courts Exp OL 22 GR SU 096 074   3.8 mls loop through Moors Valley Country Park & Forest Exp OL 22 GR SU 096 074
26 Wed	BERE REGIS, Town CP off Turberville Road Exp OL 15 GR SY 846 948 w3w///escalates.piano.froth   5.3 mls along the Hardy Way to Turners Puddle then along tracks and some road walking to Stanford Bridge, along Sopears Lane, tracks and footpaths through watercress beds.
29 Sat	WEST LULWORTH Church Road. Exp OL15 GR SY 823 807   Park roadside and meet near church   9 mls Mupe Bay and along the coast to Fossil Forest (tide permitting) Lulworth Cove and Durdle Door.
	APRIL
1 Tues	LINFORD BOTTOM CPExp OL 22 GR SU 181 0723.5 mls figure of eight walk, mostly flat with one hill half way round. During wet periods the first 1/2 mile can be muddy with some standing water so using walking poles and gaiters advised. 180 ft cumulative ascent.
2 Wed	POTTERS WHEEL CPExp 118 GR SU 087 0915.5 mls clockwise loop through Ringwood Forest heading out over Stephen's Castle viewpoint, north to the phone mast then SW through the middle of the forest to Plumley Wood returning along the north edge of town so opportunities to drop off. All gravel tracks but ditch to cross re-entering Stephen's Castle.
4 Fri	BOLTON'S BENCH CPExp OL 22 GR SU 303 0819.8 mls loop to Balmer Lawn, Bank and Lyndhurst. May be muddy.
6 Sun	HIGHER BOCKHAMPTON CP Exp 117 GR SY 725 922 w3w///sheepish.tinned.plodded 9.1 mls walk around Hardy Country. From Thomas Hardy's birthplace, through Puddletown forest to Stinsford. Dorset countryside walk in landscape which inspired Hardy.
8 Tues	KINGSTON LACY NT CP Exp 118 GR ST 977 014 w3w///enable.coast.blotchy   meet inside the grounds at the entrance to the cafe (by wc's)   3.2 mls walk around the gardens and woods before returning for refreshments at cafe.
0.14/2.2	BEACHCOMBER CAFE, Barton on Sea Exp OL22 GR SZ 239 929
9 Wed	Triangular area where Marine Drive becomes Marine Drive East. Roadside parking or CP <b>5.5 mls</b> along the beach and the cliff path then out to Downton and back over the golf course.
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	5.5 mls along the beach and the cliff path then out to Downton and back over the golf course.   BRANSGORE CP Exp OL22 GR SZ 187 980 w3w///crouches.parrot.depended

16 Wed	UPTON HOUSE CPExp OL 15 GR SY 992 9286 mls Castleman Trailway, Upton Heath (Dorset Wildlife Trust Nature Reserve), CorfeMullen's stables & paddocks & back via Upton Heath with views of Poole Harbour. No stiles, a few ascents.
18 Fri	CRANBORNE GARDEN CENTRE CPExp 118 GR SU 055 131Please park at the far end and consider taking refreshments on return.9 mls through Cranborne to Castle Hill then on to Boys Wood, Maldry Wood and Edmondsham. Hopefully the best bluebells in the area. Stiles and maybe still muddy.
20 Sun	STOURHEAD NT CP £4.50 for non-members Exp 142 GR ST 778 339   W3w///nurses.famines.dividers   Meet in front of the Visitor Centre and leader shall wear bright orange gilet.   6.0 mls walk passing through the parkland and woodland surrounding the Stourhead estate.   It encompasses an Iron Age hillfort on the way to Alfred's Tower, a 49m high folly, and returns to the estate centre passing the old waterwheel and waterfall. There are a couple of short but steep sections, including some steps, and several stiles
22 Tues	GARSTON/PRIBDEAN WOOD CPExp 118 GR SU 00 3195 w3w///flaking.react.convey3 mls Upwood, Deanland, Newtown, Shermel Gate. Undulating woods and Fields.
23 Wed	SETLEY POND CPExp OL 22 GR SU 303 9936 mls Sandy Down, Boldre, Boldre Church, Roydon Woods Nature Reserve, Fluder's Clump. 6 stiles.
24 Thur	CERNE VALLEY TRAIL - Walk 1 Dorchester centre to Cerne Abbas,
26 Sat	APPLESLADE CP   Exp OL 22 GR SU 184 092     8.5 mls   Red Shoot Woods, Linford Bottom, Rockford Common and Ibsley Common
29 Tues	BROOMY WALK CPExp OL22 GR SU 197 1003.25 mls Woodford Bottom, Black Barrow, Lin WoodExp OL22 GR SU 197 100
30 Wed	EXBURY GARDENS CP 09.30 start Exp OL22 GR SU 424 006 (if main entrance still closed drive on and enter through the exit)   6 mls walk along quiet lanes, meadow and field edges to Lepe then along the beach (can be by-passed along the road) before turning back inland. Toilets are accessible from the CP.   Followed by optional group tour of the gardens
	MAY
2 Fri	PORTLAND HEIGHTS HOTELExp OL15 GR SY 690 730Park in New Ground CP follow brown sign saying High Angle, Batteries (Charges apply)9 mls clockwise walk around the island's coast via The Verne down to Portland Bill and backvia the South West Coast Path ending with the Tout Quarry and sculpture park. A rugged andinteresting walk over hard rocked ways - not for the soft soled. Muddy if wet.
4 Sun	ABBOTSBURY CPExp OL15 GR SY 578 852w3w///prices.collision.november8.5 mls Chapel Coppice, Chessil Beach, West Bexington, Wears Hill.
6 Tues	CRANBORNE GARDEN CENTRE CPExp 118 GR SU 055 131Please park at the far end and consider taking refreshments on return.3.4 mls to Norman castle remains
7 Wed	<b>GREENACRES FARM</b> , Coombe Bissett, lane parking.Exp 130 GR SU 103 236 <b>5.4 mls</b> Circular walk via Whitsbury. May be muddy.
10 Sat	1st SCHOOL MARGARDS LANE, Verwood. Exp OL 22 GR SU 082 081   Park in the lane near school Park in the lane near school   8.7 mls Walkabout 7 through Crane Valley and Remedy Oak golf courses, Haythorn and Horton up to Horton Tower returning through Ferndown Forest, Horton Wood, Knobb's Crook and Bridge Farm. Likely to be still muddy in places.

14 Wed	FERNDOWN SPORTS CENTRE CPExp 118 GR SU 068 0075.2 mls over Ferndown Common to the Old Thatch, across the A31 to Cannon Hill and Uddens Plantations, following the Castleman Trailway. Back along Ameysford Road.
16 Fri	ST GILES ESTATE CARRIAGE RIDE estate CP off Park Lane Exp 118 GR SU 035 118 w3w//contained.motored.clicker   11 mls (no hills, no stiles) all on private estate land, by kind permission of the Earl of Shaftesbury. In addition to the usual 'banana' and lunch break, there will be frequent stops for talks about the history around the walk that ranges from the Bronze Age through to recent years.
18 Sun	KNIGHTWOOD OAK CPExp OL22 GR SU 265 0657 mls Knightwood Inclosure, Anderwood Inclosure/Deer Park, Holmhill Inclosure, Portuguese Fireplace, Holidays Hill Inclosure and visiting the Knightwood Oak. Lunch stop.
20 Tues	FERDOWN LEISURE CENTRE CP.Exp 118 GR SU 072 1073.5 mls via Ferndown Common and Longham Lakes return by x6 bus to Ferndown.
21 Wed	OAKLEY CPExp OL 22 GR SU 225 046 w3w///skills.habits.fiction5.9 mls through Berry Wood, Soarly Beeches turning south at Blackensford Hill skirting Burley Outer Rails and New Inclosures. Typical New Forest tracks and trails.
22 Thur	CERNE VALLEY TRAIL - Walk 2 Cerne Abbas to near Sydling St. Nicholas.
24 Sat	DIBDEN INCLOSURE CP 10.1 mls to Furzey Browe.Exp OL 22 GR SU 406 058
27 Tues	1st SCHOOL MARGARDS LANE, Verwood.Exp OL 22 GR SU 082 0813.2 mlsManor Farm, Crab Orchard, Redman's Hill, Horton Way. May be wet/muddy.
28 Wed	MILBURN RD CP WestbourneExp OL 22 GR SZ 069 9156 milesRiver Bourne to seafront through Bournemouth Gardens, walk along the promenade and up through the Chines into Westbourne. Plenty of toilets and drinks opportunities en route.
30 Fri	ASHMORE POND Exp 118 GR ST 886 186 8.5 mls Compton Abbas Airfield, Fontmell Down and Woods, Ashmore Woods

## All Mileages are approximate

FIND THE WALK START POINT: Use http://www.streetmap.co.uk Enter the Grid Ref e.g. SU962032 in the "GO" box and the map location will appear. To convert to Post Code, what3words or other ref. for SAT NAV click on "here" below white arrow below the Map.

**DISCLAIMER:** A third-party Insurance is held by the Club, **which does not cover personal indemnity**. The Club or any of its agents acting on behalf of the Club shall not be held responsible for the death, injury, accident or damage, etc to the person or property of any member, guest or any other person, arising from participation in any of the activities advertised in the Club's programme.

Third Party Damage or Accidents to any person on a walk should be reported immediately to the Club secretary.