



PROGRAMME DECEMBER 23, JANUARY, FEBRUARY 24

[Website](#)

GENTLE EXERCISE, FRESH AIR, GOOD COMPANY

Our club, formed in 1972, offers three walks of 3-4 miles, 5-6 miles, and 9-10 miles, each week, enjoying the stunning downland of Cranborne Chase, woodland and heath in the New Forest, and coastal paths of the Purbecks and World Heritage Jurassic Coast.

“TRY BEFORE YOU BUY” - WHY NOT JOIN US FOR A TASTER CALL 01202 813693



NB 1: People should be aware of their own fitness levels and ability to complete a walk before they start out. Walkers should be appropriately dressed and prepared for a wide variety of terrain and weather conditions.

NB 2: Dogs are not allowed.

NB 3: All walks start at 10:00 unless shown otherwise.

All Mileages are approximate

	DECEMBER	
1 Fri	ROCKFORD COMMON CP 9.2 mls via Appleslade and High Corner, returning via the Avon Valley footpath. Mainly small New Forest tracks.	Exp OL22 GR SU 164 082
3 Sun	AVEBURY Ave/NEW Rd JUNCTION , Ensbury Dispersed parking along Avebury Ave, BH10 7EB , w3w occurs.wings.brands 6.7 mls anti-clockwise loop of the Stour Valley Way to Throop Mill then skirting the airport and golf club through Parley Court with no stiles and flat but muddy if wet.	Exp OL22 GR SZ 082 967
5 Tues	THE CHASE C.P. 3.4 mls circular walk in Ringwood Forest. Mostly forest paths and gravel tracks, no stiles. Could be muddy.	Exp OL22 GR SU 102 084
6 Wed	THE MOOT CP DOWNTON 5.5 miles via Barford Down then following the course of the old railway line to Four Gates, returning via Trafalgar Park and the weir over the River Avon and back through fields to The Moot. Avon valley section may well be muddy depending on recent weather.	Exp 130 GR SU 182 214
9 Sat	WEST MOORS MEMORIAL HALL CP 9 mls Holt Heath and adjacent farms circuit. Candlewick, Crooked Withies, Paradise, Holt Lodge, Earleys and Newmans Lane Farms. Some mud likley.	Exp OL22 GR SU 078 032
12 Tues	BLASHFORD LAKES NATURE RESERVE CP 3.4 mls A circular flat walk around the lakes - could be muddy.	Exp OL22 GR SU 152 084 w3w rents.suspect.ringside

13 Wed	SIXPENNY HANDLEY V.H. CP Exp 118 GR SU 993 174 w3w mainly.formal.habit 6.0 mls Chase Woods, Pribdean Wood, Deanland. Some road walking, 2 short climbs.
15 Fri	1st SCHOOL MARGARDS LANE, Verwood Exp OL 22 GR SU 082 081 (Park in the lane near school) 10 mls Wedge Hill, Remedy Oak, Bagman's Lane, Horton Tower, Redman's Hill. 10 stiles. Lunch on logs at start of Slough Lane.
17 Sun	MARTIN DOWN CP Exp 118 GR SU 036 200 5.9 mls via Bokerley Farm, Peaked Post, Pentridge, then steep climb up to Penbury Knoll before gradual descent through fields and along Bokerley Ditch. Will be muddy
19 Tues	POTTERNE PARK CP (Tennis Cts) Exp OL22 GR SU 096 074 3.5 mls loop into Moors Valley and return. Stopping for a coffee and a mince pie in the restaurant or bring your own if you wish.
26 Tues	Boxing Day
27 Wed	KEYHAVEN CP (opposite the Gun Inn) Exp OL22 GR SZ 306 914 5.3 mls loop around Pennington Marshes nature reserve on good tracks. Worth bringing binoculars for bird watching and views of the Isle of Wight. Toilets in car park.
29 Fri	Walk not submitted
31 Sun	1st SCHOOL MARGARDS LANE, Verwood Exp OL 22 GR SU 082 081 (Park in the lane near school) 6 mls over Dewlands Common to Mount Pleasant Farm and on to footpaths (with stiles) north of Woodlands then south to Manor Farm and around Remedy Oak. Mud inevitable.
JANUARY	
2 Tues	BOLDERWOOD CP Exp OL22 GR SU 243 086 3.5 mls Bolderwood circular walk along gravel tracks to Canadian Memorial, deer sanctuary, North Oakley inclosure, Radnor Trail and back.
3 Wed	HIGHCLIFFE CASTLE CP (90p for 4 hrs) meet near toilets Exp OL22 GR SZ 204 932 6 mls Steamer Point, over golf course, Nea Meadows Nature Reserve, Hinton Admiral, Chewton Common & Bunny, and back along the shore.
6 Sat	SOUTH DOWNS NT CP above Ringstead Bay Exp OL15 GR SY 759 824 w3w brushing.organisms.outboard 9 mls A walk firstly inland to Holworth, Poxwell, Osmington, then picking up the South West Coast Path over Black Head to Osmington Mills, Ringstead and back to start.
9 Tues	SOLENT MEADS GOLF Public Area CP Exp OL22 GR SZ 158 916 3.5 mls up and around Hengistbury Head.
10 Wed	WEST MOORS MEMORIAL HALL CP Exp OL22 GR SU 078 032 6 mls Holt Heath Circuit. Whitesheet, Cross Keys, Newmans Lane. Some mud likely.
12 Fri	BREAMORE FARM SHOP & MUSEUM CP NOTE 10:30 Start Exp OL22 GR SU 151 187 Please park furthest away from Cafe and consider taking refreshments on return 8.8 mls via Rockbourne and Whitsbury. Varied terrain.
14 Sun	GUSSAGE ALL SAINTS Exp 118 GR ST 998 108 As it is Sunday, dispersed parking in road through the village and around war memorial. Please avoid blocking access to the church. 8 mls road walking through the village, then farmland and tracks to Wimborne St Giles and Ackling Dyke. Could be muddy. Lunch stop planned.
16 Tues	WHITESHEET CP Exp 118 GR SU 048 036 3.5 mls circuit of the northern part of Holt Heath.
17 Wed	APPLESLADE CP Exp OL22 GR SU 184 093 5.2 mls loop from Linwood through Roe Inclosure and Great Linsford Inclosure. May be muddy.

20 Sat	ABBOTS WELL CP 8.4 mls winter circular out via Ogdens, Hasley Inclosure, Splash Bridge then looping through Slodden and Amberwood Inclosures before returning over Hampton Ridge.	Exp OL22 GR SU 177 128
23 Tues	Walk not submitted	
24 Wed	WITCHAMPTON SPORTS GROUND CP 5 mls circular walk from Witchampton via Moor Crichel. May be muddy in places, some road walking, only one stile.	Exp 118 GR ST 994 072
26 Fri	FRITHAM CP on the left just past Royal Oak 8 mls via Rakes Brakes Bottom, Holly Hatch Cottage, Splash Bridge, Hallickhole Hill, Hampton Ridge, Amberwood Inclosure, Thorns Inclosure.	Exp OL22 GR SU 230 141
28 Sun	FIGSBURY RING NT CP (free) 6.5 mls starting from Figsbury Ring Iron Age hill fort with views over Salisbury Plain, Old Sarum and Salisbury Cathedral. Following the Monarchs Way around the Winterbourne villages then along the river Bourne and returning along route of old Roman road.	Exp 130 GR SU 191 338 w3w gong.pointed.coached
30 Tues	CORFE MULLEN REC. CP 3.4 mls circular through Happy Bottom and the old S&D railway track bed.	Exp 118 GR SY 987 979
31 Wed	CLIFF DRIVE Canford Cliffs Park along Cliff Drive or adjacent roads – meet outside The Canford pub. 5.5 mls walk down through chine, along beachfront, up through Alum Chine for coffee break in Westbourne. Route back down Branksome Chine along the seafront and return.	Exp OL 15 GR SZ 055 892 w3w soil.bright.items
FEBRUARY		
3 Sat	APPLESLADE CP 7.8 mls through Red Shoot Wood, Castle Piece, Linford Bottom and Rockford Common.	Exp OL22 GR SU 184 092
6 Tues	ROCKFORD COMMON CP 3.2 mls Bigsburn Hill, Little Whitemoor Bottom, Rockford Common and back between the Pillow mounds.	Exp OL 22 GR SU 164 083 w3w island.juicy.gullible
7 Wed	WOODHENGE CP Park near picnic tables 5.5 mls Woodhenge to Stonehenge.	Exp 130 GR SU 151 434
9 Fri	MAIDEN CASTLE CP 7.5 mls tour of Maiden Castle, then on to the South Dorset Ridgeway and Winterbourne St Martin. Following the walk there will be the chance to visit Maumbury Rings and hear some of its history.	Exp 15 GR SY 669 889
11 Sun	SIKA TRAIL CP 7 mls loop around Wareham Forest mostly on forestry tracks and some cycle trails. Will be muddy in places. Lunch stop planned.	Exp OL15 GR SY 906 893
13 Tues	FERNDOWN SPORTS CENTRE 3.2 mls circuit of Ferndown common.	Exp 118 GR SU 068 007
14 Wed	BURLEY CRICKET CP (Opposite cricket ground) 5.0 mls Easy circular walk around outskirts of Burley village. One long gentle uphill section. Will have some road walking.	Exp OL22 GR SU 213 029
17 Sat	1st SCHOOL MARGARDS LANE, Verwood (in Lane) 8.4 mls Redman's Hill, Horton Common, Three Cross, Moors Valley, Potterne Park. May be muddy.	Exp OL22 GR SU 082 082
20 Tues	POTTERNE PARK CP (Tennis Cts) 3.1 mls via Potterne Wood and the new trail to Crane Lake and on to Kingsmere Station returning via the boardwalk and causeway though the golf course.	Exp OL22 GR SU 096 074
21 Wed	CRANBORNE GARDEN CENTRE CP Please park at the far end and consider taking refreshments on return. 5.5 mls Cranborne estate walk - Cranborne farm, Black Bush, Boveridge.	Exp OL 118 GR SU 055 131

23 Fri	SHAFTESBURY, LINDEN PARK Park roadside Linden Park/Mampitts Road 9.2 mls Wincombe Park and the Donheads.	Exp 118 GR ST 871 228
25 Sun	FRITHAM CP on the left just past Royal Oak 8.5 mls across Horny Ridge, to Telegraph Hill then towards Amberwood and Alderhill Inclosure.	Exp OL22 GR SU 230 141
27 Tues	FARNHAM park in the road, side of The Museum 3.5 mls Jubilee trail Chettle & New Town,. Via Fields and Lanes, 1 stile & very gentle inclines.	Exp 118 GR ST 959 151
28 Wed	FERNDOWN SPORTS CENTRE 5.5mls through heathland round Longham lakes up to Hampreston and back through Hampreston woods.	Exp 118 GR SU 068 007

FIND THE WALK START POINT: Use <http://www.streetmap.co.uk> Enter the Grid Ref e.g. SU962032 in the "GO" box and the map location will appear. To convert to Post Code, what3words or other ref. for SAT NAV click on "here" below white arrow below the Map.

DISCLAIMER: A third-party Insurance is held by the Club, **which does not cover personal indemnity.** The Club or any of its agents acting on behalf of the Club shall not be held responsible for the death, injury, accident or damage, etc to the person or property of any member, guest or any other person, arising from participation in any of the activities advertised in the Club's programme.

Third Party Damage or Accidents to any person on a walk should be reported immediately to the Club secretary.