

PROGRAMME JUNE, JULY, AUGUST 23

Website

GENTLE EXERCISE FRESH AIR GOOD COMPANY

Our club, formed in 1972, offers three walks of 3-4 miles, 5-6 miles, and 9-10 miles, each week, enjoying the stunning downland of Cranborne Chase, woodland and heath in the New Forest, and coastal paths of the Purbecks and World Heritage Jurassic Coast.

"TRY BEFORE YOU BUY" - WHY NOT JOIN US FOR A TASTER, CALL 01202 813693







NB1: People should be aware of their own fitness levels and ability to complete a walk before they start out. Walkers should be appropriately dressed and prepared for a wide variety of terrain and weather conditions.

NB 2: Dogs are not allowed.

NB 3: All walks start at 10:00 unless shown otherwise.

All Mileages are approximate

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	JUNE
2 Fri	PORTLAND HEIGHTS HOTEL Park in New Ground CP follow brown sign saying High Angle, Batteries (Charges apply) 9 mls clockwise walk around the island's coast via The Verne down to Portland Bill and back via the South West Coast Path ending with the Tout Quarry and sculpture park. A rugged and interesting walk over hard rocked ways - not for the soft soled. Muddy if wet.
4 Sun	THE PUMP, EDMONDSHAM. Exp OL22 GR SU 066 115 Limited parking, or disperse through the village. Car share if possible. 8 mls circular walk across to and around Cranborne. Muddy if wet.
6 Tues	FARNHAM park in the road, side of Museum Exp 118 GR ST 959 151 3.5 mls Jubilee trail Chettle & New Town,. Via Fields and Lanes,1 stile & very gentle inclines.
7 Wed	BOLTON'S BENCH CP east of Lyndhurst. Exp OL22 GR SU 304 082 w3w countries.meaty.finishers 6.3 mls on good tracks, no stiles. Along The Ridge with views over open heath, then south through mixed woods of Denny & Parkhill inclosures, and north on Beechen Lane.
10 Sat	SPEARYWELL WOOD CP Exp 131 GR SU 316 277 Post Code: SO51 0LS 9.5 mls via Clapgate Copse, Cadbury Farm & East Tytherley
12 Mon	CLARENDON WAY SECTION 1 see details on page 5 7.5 mls Winchester to Farley Mount.
13 Tues	PAMPHILL GREEN CP 3.5 mls walk incorporating open Meadowland, a section along the river Stour and passing Lacy Church. Mostly flat with 5 'V' shaped stiles and one steady incline. Can be muddy after rain.
14 Wed	FERNDOWN SPORTS CENTRE CP 5.3 mls to Hampreston Church and back including 3 stiles. Exp OL22 GR SU 068 007

16 Fri	SANDLEHEATH Exp OL 22 GR SU 127 149 Park roadside in Old Brickyard Road (Industrial Estate) 8.5 mls Rockbourne & Damerham
18 Sun	ITCHEN NAVIGATION Park on Chicken Hall Lane, Eastleigh, meet by junction with Tower Lane 9 mls linear, mostly waterside walk to Winchester, return by train (£3.90, 7 min past the hour)
20 Tues	HORTON INN Exp 118 GR SU 017 086 Post code BH21 5AD Please park furthest away from the pub and consider taking refreshments on return. 4 mls circular route along footpaths and quiet country roads to Horton Tower and back. Several stiles.
21 Wed	POTTERNE PARK CP (Tennis Cts) Exp OL22 GR SU 096 074 5 mls short road walk onto the track by the Scout Hut on Manor road then on through Manor Farm to Crab Orchard, on through Three Legged Cross on Church Road crossing onto the bridleway through Lower Common then between the horse paddocks turning into MV by the lake for the walk back to Potterne Park.
24 Sat	TYNEHAM VILLAGE CP Exp OL15 GR SY 882 803 w3w overlaid.straw.trouble 7.7 mls. A strenuous walk with fantastic views – Tyneham, Flowers Barrow, Warbarrow Bay, SW Coast Path to Tyneham Cap, Charnel, back via upper path.
25 Sun	HIGH CORNER CP 18.30 Exp OL22 GR SU 199 104 w3w aquatic.mutually.lyrics Car park at top of track, not at the Inn 3.4 mls Broomy Plain, Broomy Inclosure and High Corner Inn, stopping for a drink here on our return (due to reopen end of May). Mainly gravel paths
26 Mon	CLARENDON WAY SECTION 2 see details on page 5 8 mls Farley Mount to Broughton.
27 Tues	WEST MOORS MEMORIAL HALL CP Exp OL22 GR SU 078 032 4 mls around Holt Heath and environs. 1 stile, hopefully mud free.
28 Wed	POTTERS WHEEL CP choice of 2 walks with fish & chips lunch Exp 118 GR SU 087 091 THIS EVENT IS FULLY BOOKED - details below 3.4 mls through Stephen's Castle and Ringwood Forest to Mount Ararat Cottage returning through the SANG, no stiles, 5.1 mls through Stephen's Castle and Ringwood Forest to Mount Ararat Cottage then via stile to view over Cranborne Common, round Pistle Down onto Burrows Lane returning through the SANG
30 Fri	CORFE CASTLE NT CP 09.30 (charges apply for non members) Exp OL15 GR SY 959 825 10.0 mls Corfe, Kingston, Swyre Head, Ridgeway Hill. Fantastic views, ridge walking, 2 steep hills.
	JULY
2 Sun	AMESBURY RECREATION GROUND. near River Avon. Exp 130 GR SU 149 411 w3w pointer.outcasts.wishes 8 mls. Riverside & countryside circular walk through the Woodford Valley, following River Avon to Normanton and via Springbottom and Great Durnford.
4 Tues	GUSSAGE ALL SAINTS Dispersed roadside parking close to the church 4.2 mls gentle slope up for a mile or so to Harley Wood returning via Ackling Dyke
5 Wed	THE MOOT CP DOWNTON 5.5 mls Barford Down, Standlynch, Trafalgar Park, Avon Valley Path. Some stiles & mud after rain.
8 Sat	WINDY CORNER @ TARRANT RUSHTON AIRFIELD Exp 118 GR ST 950 062 Dispersed roadside parking 8.6 mls airfield taxiways, roads, tracks, fields and paths via Tarrant Rushton, Tarrant Monkton, Launceston Wood, Rushton Hill and Hemsworth.
11 Tues	POTTERNE PARK CP, by tennis courts 3.8 mls into Moors Valley via Ebblake Exp OL22 GR SU 096 074
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12 Wed	LYMINGTON CANNON STREET EAST CP EXP OL22 SZ 325 956 Post code SO41 9BR NFDC parking disc or £2.50 for 3 hours in short stay parking area. 5 mls walk along footpaths and quiet back roads, taking in the old toll bridge, the site of RAF Lymington and the Walhampton Monument.
14 Fri	CRANBORNE GARDEN CENTRE CP Exp 118 GR SU 055 131 Please park at the far end and consider taking refreshments on return. 8.5 mls circular route crossing Dorset Cursus twice returning via Jacks Hedge Corner.
16 Sun	NOMANSLAND CP opposite The Lamb Pub Exp OL 22 GR SU 253 173 10 mls via Franchises Wood and Walk towards Landford, walking through orchards. Back to Nomandsland.
18 Tues	WEST MOORS MEMORIAL HALL CP Exp OL22 GR SU 078 032 3.5 mls around Ferndown Forest
19 Wed	JANESMOOR POND choice of two walks All members are invited to join us for a pond-side picnic lunch afterwards (est. 12:15) 3 mls circular around North and South Bentley Inclosures Leader Martyn Kemp 01202 826403 or 07910310379 WhatsApp or sms 5.3 mls across Janesmoor and Stoney Plain, down to the Rufus Stone back through Kings Garn Gutter Inclosure
20 Thur	CLARENDON WAY SECTION 3 see details on page 5 10.5 mls Broughton to Petersfinger Car Park, Salisbury.
22 Sat	WORTH MATRAVERS CP Exp OL15 GR SY 974 777 w3w.demand.ourselves.myth (£2 voluntary CP charge requested) 10 mls. A demanding walk with super views – Worth Matravers, Purbeck Way, Corfe Castle, Hardy Way, Kingston, Houns Tout and back via Renscombe Farm.
23 Sun	MONMOUTH ASH CP 18.30 Exp OL22 GR SU 086 084 Post code BH31 6UJ 3.4 mls Dewlands Common, Crane Valley GC, Wedge Hill, Bridge Farm. Calling in to the Monmouth Ash on our return for a social drink.
25 Tues	WIMBORNE St GILES (Road side parking by wall of field opposite the School or by shop) 3.3 mls All Hallows Farm, Monkton Up Wimborne. One moderate incline. Could be muddy.
26 Wed	TARRANT GUNVILLE VH CP Exp 118 GR ST 925 128 w3w debating.setting.generally (Limited parking, share if possible) 5.8 mls Tarrant Gunville to Chettle and back across undulating fields along grassy farm tracks and short tarmac sections.
28 Fri	WHITESHEET CP Exp 118 GR SU 048 036 8.5 mls Ferndown Forest, Horton, Woodlands Park, Paradise Farm. Hopefully mud free!
30 Sun	POTTERS WHEEL CP meet on Ferrets Green Exp 118 GR SU 087 091 10 mls walk out via Burrows Lane over Cow Bridge up to Cripplestyle and Lower Daggons to Ashridge Copse and back via Daggons and Cranborne Common. Could be muddy.
	AUGUST
1 Tues	FIDDLEFORD MANOR CP English Heritage, free Exp 118 GR ST 800 135 3.7 mls Fiddleford Mill, River Stour, North Dorset Trailway, fields, easy level walking. 2 stiles
2 Wed	HAWKHILL CP Exp OL22 GR SU 350 018 6.2 mls to Hatchet Pond, through Rans Wood, Frame Wood and Frame Heath Enclosure, along edge of Beaulieu Heath.
5 Sat	ASHMORE POND Park roadside near pond Exp 118 GR ST 912 178 9 mls Compton Abbas Airfield, Fontmell Down and Stubhampton Bottom
8 Tues	THE ANGEL PUBLIC HOUSE CP Exp OL22 GR SZ 068 992 (Car Share if possible and park well away from PH) 3.7 mls Belle Vue, Ferndown & Stour Trail, Dudsbury, Longham Resevoirs, 2 or 3 stiles.
9 Wed	CADMAN"S POOL CP Exp OL22 GR SU 229 122 5 mls Ocknell Plain, Holly Hatch, Fritham Plain, South Bentley Inclosure.

(Charges apply for non-members. 80 min drive so ring Alan to arrange car sharing) 7.6 mls The morning will be Silbury Hill, West Kennett long barrow, The Sanctuary and the north section of Avebury henge (5.6mls). Lunch is either the NT cafe or your own packed lunch. The afternoon will be the southern section of Avebury henge and the Avenue (2 mls). 13 Sun MONMOUTH ASH CP 18.30 Exp OL22 GR SU 086 084 Post code BH31 6UJ 3.5 mls Verwood Manor Farm, Horton Common, Redman's Hill, Bridge Farm returning to Monmouth Ash for a drink. WHITESHEET CP 4 mls into Holt Forest on gravel tracks 16 Wed DROVERS INN CP Gussage All Saints 09.30 Please consider taking refreshment in The Drovers upon your return. 5.8 mls to Knowlton Church then back via Brockington and Tenantry Down. WHITE HEART PUB, Longham Exp OL22 GR SZ 066 984 w3w launch.switch.intend 8.7 mls. Longham/Lakes/Bridge, Millhams Mead Nature Reserve, StourVailley Way, Canford Magna, Castleman Trailway, Little Canford and back 22 Tues BURLEY BURBUSH CP 3.2 mls Burbush car park, Old Rly track, Greenberry bridge, Turf Hill, Burbush BROAD CHALKE CHURCH CP Exp 130 GR SU 041 254 5.0 mls Knighton Hill, Bishopstone Hollow, Crouchestone, Stoke Farthing. Moderate 5 or 6 stiles. 25 Fri KINGSTON CP Exp OL 15 GR SY 954 795 9.0 mls to Swyre Head, ridge walk to Kimmeridge then SW Coast Path to Houns-tout. Strenuous in parts. Best views anywhere on the Purbecks. 27 Sun GODSHILL CP Exp OL22 GR SU 177 160 w3w lordship.tenure.duration 5.3 mls drove through Brune's Purlieu then fields and footpaths into woodland around Frankenbury then on to Castle Hill and a loop through Godshill Inclosure. 29 Tues POTTERNE PARK CP (Tennis Cts) 3.5 mls walk into Moors Valley		
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FIND THE WALK START POINT: Use http://www.streetmap.co.uk Enter the Grid Ref e.g. SU962032 in the "GO" box and the map location will appear. To convert to Post Code, what3words or other ref. for SAT NAV click on "here" below white arrow below the Map.

DISCLAIMER: A third-party Insurance is held by the Club, **which does not cover personal indemnity**. The Club or any of its agents acting on behalf of the Club shall not be held responsible for the death, injury, accident or damage, etc to the person or property of any member, guest or any other person, arising from participation in any of the activities advertised in the Club's programme.

Third Party Damage or Accidents to any person on a walk should be reported immediately to the Club secretary.

Clarendon Way Walks

The Clarendon Way is a 27-mile east-west walk between Winchester and Salisbury Cathedrals. It spends many miles on high ground, the main descent being to cross the Test Valley. It also passes through large areas of woodland, especially at the western end.

The trail receives its name from the ruins of Clarendon Palace, which is situated near the western end of the trail above Salisbury. The ruins of the once-expansive palace are insubstantial, but the views from the site over Salisbury are superb. Indeed, there are some fine views available from many parts of the trail.

The Club plans to complete this linear walk in 3 sections using multiple cars that all meet at the end point then leave half the cars parked there, while the other half transport all the walkers to the start point. At the end of the walk, the cars plus walkers return to the start to collect the remaining cars. These walks are linear and all walkers must be prepared, when necessary, to drive and give others a lift.