



PROGRAMME MARCH, APRIL, MAY 2023

[Website](#)

GENTLE EXERCISE FRESH AIR GOOD COMPANY

Our club, formed in 1972, offers three walks of 3-4 miles, 5-6 miles, and 9-10 miles, each week, enjoying the stunning downland of Cranborne Chase, woodland and heath in the New Forest, and coastal paths of the Purbecks and World Heritage Jurassic Coast.

“TRY BEFORE YOU BUY” - WHY NOT JOIN US FOR A TASTER CALL 01202 813693



NB1: People should be aware of their own fitness levels and ability to complete a walk before they start out. Walkers should be appropriately dressed and prepared for a wide variety of terrain and weather conditions.

NB 2: Dogs are not allowed.

NB 3: All walks start at 10:00 unless shown otherwise.

All mileages are approximate

	MARCH
1 Wed	PAMPHILL GREEN CP next to the school. Exp 118 GR ST 992 005 5.3 mls via Eyebridge, Cowgrove Common, Sandy Lane, Hardy Way, All Fools Lane
4 Sat	Walk not submitted
7 Tues	CAR PARK on B3082 Near Badbury Rings Exp 118 GR ST 966 023 N.B. this is the small free CP opposite the left turn to White Mill, Sturminster Marshall 3.6 mls figure of 8 walk to the Rings 1 steady incline 1 short Hill, no stiles, mud possible.
8 Wed	BROAD CHALKE CHURCH CP Exp 130 GR SU 041 254 w3w hills.goblers.obeyed 5.2 mls Chalk Pyt Farm, Garston Down, Knapp Farm, Water Cress Beds, Little London, Mead End, Field Barn, South Street and back to CP.
10 Fri	CRANBORNE GARDEN CENTRE CP Exp 118 GR SU 055 131 Please park at the far end and consider taking refreshments on return. 6 mls walk to Jacks Hedge Corner then a circular route crossing Dorset Curcus twice.
12 Sun	KEYHAVEN Exp OL22 GR SZ 300 909 Meet at footbridge at junction of New Lane and Saltgrass Lane parking either side 10 mls sea breezer - Keyhaven Nature Reserve and Marshes and Lymington Sea Walls.
14 Tues	RINGWOOD ROAD Ashley Heath by pedestrian footbridge Exp OL22 GR SU 122 038 Service road parallel to A31, nearest post code BH24 2NT. Please park one side only. 3.5 mls circular around Avon Heath Country Park calling at the Visitor Centre.

15 Wed	GUSSAGE ALL SAINTS Dispersed roadside parking close to the church 5.4 mls circular on mostly hard tracks avoiding muddy stretches through woodland. Starts along Ackling Dyke which claims to be the best preserved Roman Road in Europe.	Exp 118 GR ST 998 108
18 Sat	Walk not submitted	
21 Tues	EDMONDSHAM HOUSE CP Left hand drive through the wrought iron gates and follow the directions to CP 3.6 mile walk around the Edmondsham Estate – might be muddy!	Exp OL22 GR SU 062 116 w3w breaches.loyal.tribune
22 Wed	HIGH CORNER CP Car park at top of track, not at the Inn 4.8 mls Hasley Hill, Splash Bridge, Broomy Inclosure, Broomy Plain.	Exp OL22 GR SU 199 104 w3w aquatic.mutually.lyrics
24 Fri	SETLEY POND 8.5 mls via Setley Common, Greenmoor and Sandy Down	Exp OL22 GR SZ 302 993
26 Sun	CRANBORNE GARDEN CENTRE CP Please park at the far end and consider taking refreshments on return. 6.5 mls Cranborne and the Allen Valley. A circular walk through open farmland, so could be muddy. Take lunch.	Exp 118 GR SU 055 131
28 Tues	PAMPHILL GREEN CP 3.5 mls walk incorporating open Meadowland, a section along the river Stour and passing Lacy Church. Mostly flat with 5 'V' shaped stiles and one steady incline. Can be muddy after rain.	Exp 118 GR ST 990 007
29 Wed	STRECHE ROAD CP, WAREHAM Note - parking charges apply or park off road nearby if possible 6 mls Town Walls, Poole Harbour Trail, banks of River Frome. Muddy if wet weather.	Exp OL15 GR SY 920 874
APRIL		
1 Sat	WHITESHEET CP 8.5 mls Ferndown Forest, Horton, Woodlands Park, Paradise Farm. Possibly muddy.	Exp 118 GR SU 048 036
4 Tues	POTTERNE PARK CP , by tennis courts 3.1 mls via Potterne Wood and the new trail to pick up the Crane lake trail to Kingsmere Station returning via the new board-walks and a small loop through the gentian field for a coffee break to sample the sky-gazing seats then on over the golf course.	Exp OL22 GR SU 096 074
5 Wed	KINGFISHER BARN CP, Granby Road, Muscliffe B'mouth 5.5 mls walk around Throop and along the River Stour.	Exp OL22 GR SZ 096 958
7 Fri	PORTLAND HEIGHTS HOTEL Park in New Ground CP follow brown sign saying High Angle, Batteries (Charges apply) 9 mls clockwise walk around the island's coast via The Verne down to Portland Bill and back via the South West Coast Path ending with the Tout Quarry and sculpture park. A rugged and interesting walk over hard rock ways - not for the soft soled. Muddy if wet.	Exp OL15 GR SY 690 730
9 Sun	EASTER SUNDAY	
11 Tues	THE CHASE CP 3.4 mls Circular walk in Ringwood Forest. Mostly forest paths and gravel tracks, no stiles. Could be muddy.	Exp OL22 GR SU 102 084
12 Wed	MINCHINGTON CROSS 5.5 mls Farnham, Minchington, Woodcutts Pollards Wood. Undulating & 5 or 6 Stiles.	Exp 118 GR ST 957 167
15 Sat	CRANBORNE GARDEN CENTRE CP Please park at the far end and consider taking refreshments on return. 10.3 miles – A figure of 8 walk – Hardy Way, Jack's Hedge Corner, Black Bush Down, Salisbury Plantation, Pentridge, Penbury Knoll, Pentridge Hill, Cranborne Farm and back – might be muddy!	Exp 118 GR SU 055 131
18 Tues	FARNHAM park in road, side of Museum 3.5 mls Jubilee trail Chettle & New Town, Via Fields and Lanes ,1 or 2 stiles & very gentle inclines.	Exp 118 GR ST 959 151

19 Wed	ROCKFORD COMMON CP 5.2 mls lap around the Common all on gravel tracks before descending to cross onto Snails Lane to pick up the path between the lakes.	Exp OL22 GR SU 164 082
21 Fri	CRANBORNE GARDEN CENTRE CP Please park at the far end and consider taking refreshments on return. 7.5 mls Blue bell walk to Edmonsham, Sutton and Boys Wood, Castle Hill. Some stiles and mud possible.	Exp OL118 GR SU 055 131
23 Sun	ABBOTS WELL CP 5.7 mls on forest tracks via Hampton Ridge, through Amberwood, Alderhill and Hasley Inclosures returning via Ogdens Farm	Exp OL22 GR SU 178 128
25 Tues	WHITE SHEET CP 3.5 mls circular around Holt Heath National Nature Reserve.	Exp 118 GR SU 048 036
26 Wed	SOLENT MEADS GOLF Public Area CP 6 mls counter-clockwise up the Stour Valley Way then 0.9mls urban walking to reach Southbourne Beach and stroll along the prom to loop around Hengistbury Head and back.	Exp OL22 GR SZ 158 916
29 Sat	MARTIN DOWN CP 8.8 mls Martin Down, Woodyates, Gartson Wood, Stonedown Wood, Vernditch. Bluebells, wild garlic and more if you missed Wendy's walk on Friday 21st.	Exp 118 GR SU 038 201 w3w exit.blogging.panther
MAY		
2 Tues	GARSTON/PRIBDEAN WOOD CP (Limited parking Car share if possible) 3.0 mls Upwood, Deanland, Newtown, Shermal Gate Undulating woods and fields. Bluebells?	Exp 118 GR SU 003 195
3 Wed	BURLEY – TURF HILL CP 6.2 mls Turf Hill, Holmsley Inclosure, Magpie Green, Whitten Bottom / Pond, Burbish Hill, Slap, Shappen Hill and back to CP.	Exp OL22 GR SU 214 029 w3w: trudges.detective.rejoin
5 Fri	TUCKTON TEA GARDENS, Wick Lane BH6 3BA (Park roadside in surrounding roads) 8 mls walk to and over Hengistbury Head, ferry to Mudeford Quay, Stanpit Marshes, Christchurch Quay and back using Wick Ferry (Ferry costs approx £2.50 and £1.20)	Exp OL 22 GR SZ 150 922
7 Sun	Walk not submitted	
9 Tues	PAMPHILL GREEN CP (nearest the church) 3.3 miles passing St.Stephen's church, Pamphill, the River Stour and hoping to find some bluebells. 5 V stiles, a flight of steps and a short steep incline.	Exp 118 GR ST 990 007
10 Wed	ASHLEY WALK CP 6 mls Little Cockley Plain, Pitts Wood, Ashley Cross, Leaden Hall. Possibly muddy.	Exp OL22 GR SU 186 157
13 Sat	BANKES ARMS PH meet outside pub Park in adjacent NT South Beach Car Park (charges apply for non members). 8 mls via Agglestone Rock and Godlingston Heath up to The Obelisk and along Ballard Down and round to Old Harry Rocks. Muddy if wet.	Exp OL15 GR SZ 038 825
16 Tues	FERNDOWN SPORTS CENTRE CP 3.5 mls circular over Ferndown Common	Exp 118 GR SU 068 007
17 Wed	SIXPENNY HANDLEY VH CP 5.2 mls Handley Common and Chase Woods. May hear, or possibly see, a cuckoo and may be some mud.	Exp 118 GR SU 993 174 w3w mainly.formal.habit
19 Fri	ASHMORE POND Park roadside near pond 9 mls Compton Abbas Airfield, Fontmell Down and Stubhampton Bottom	Exp 118 GR ST 912 178
21 Sun	MARTIN DOWN CP 9 mls Kits Grave, Bower Chalke, Broad Chalke, Roman Road. Hills.	Exp 118 GR SU 036 200
23 Tues	CORFE MULLEN REC. CP 3.3 mls via Happy Bottom and old S&D railway track bed.	Exp 118 GR SY 987 979

24 Wed	GODSHILL CP Exp OL22 GR SU 177 160 w3w lordship.tenure.duration 5.3 mls drove through Brune's Purlieu then fields and footpaths into woodland around Frankenburg then on to Castle Hill and a loop through Godshill Inclosure.
27 Sat	ISLE OF PURBECK VIEWPOINT CP, Grange Road Exp OL15 GR ST 904 816 9 mls walk to Tyneham, Kimmeridge and the Grange Arch.
30 Tues	ROCKFORD COMMON CP Exp OL22 GR SU 164 082 w3w drizzly.regulator.learning 3.9 mls up to the common then looping back to Bigsburn Hill, Highwood and then walking around Linbrook and Blashford Lakes before returning to the CP.
31 Wed	Walk not submitted

FIND THE WALK START POINT: Use <http://www.streetmap.co.uk> Enter the Grid Ref e.g. SU962032 in the "GO" box and the map location will appear. To convert to Post Code, what3words or other ref. for SAT NAV click on "here" below white arrow below the Map.

DISCLAIMER: A third-party Insurance is held by the Club, **which does not cover personal indemnity**. The Club or any of its agents acting on behalf of the Club shall not be held responsible for the death, injury, accident or damage, etc to the person or property of any member, guest or any other person, arising from participation in any of the activities advertised in the Club's programme.

Third Party Damage or Accidents to any person on a walk should be reported immediately to the Club secretary.