



PROGRAMME : SEPTEMBER, OCTOBER, & NOVEMBER 2016

GENTLE EXERCISE FRESH AIR GOOD COMPANY

Our club, formed in 1972, offers three walks of 3-4 miles, 5-6 miles, and 9-10 miles, each week, enjoying the stunning downland of Cranborne Chase, woodland and heath in the New Forest, and coastal paths of the Purbecks and World Heritage Jurassic Coast. WHY NOT JOIN US FOR A TASTER

JUST TURN UP AT ANY OF THE WALKS AND INTRODUCE YOURSELF OR ENQUIRE ON 01202 822874



NB 1: MEETING at THE HUB Car Park, Verwood is an opportunity for car sharing, but it cannot be guaranteed that anyone will be there. The time given is the <u>latest</u> departure time; please arrive at least a few minutes before.

NB 2: CANCELLED WALKS: If you have any doubts, for whatever reason, that a walk may not go ahead as published, **IT IS YOUR RESPONSIBILITY TO CONFIRM BY CONTACTING THE LEADER** before going to the starting point.

NB 3: DOGS: Members are not encouraged to bring dogs, as some members may feel discomfort. Walks invariably pass through areas containing livestock. If brought they should be on a lead at all times and under control. Damage by dogs is not covered by the Club's insurance policy and would be the owner's responsibility.

All mileages are approximate.

SEPTEMBER

- 03 Sat HUB CP 09:20 or CANFORD SCHOOL 10:00 (Nearby/Road Parking) Exp118GR SZ 031 987 10.0mls River path to Canford Bottom, Manor Fm, Coneygar Fm, Dudsbury Castle Rings, Kinson, Stour Valley Way, Knighton Fm, Court House. 10 Stiles & mud possible along river.
- 06 Tues WALK NOT SUBMITTED
- 07 Weds HUB CP 09:30 or WHITE SHEET HILL CP 10:00 6.0 mls Lower Row, Holt forest, Holt wood

Exp 118 GR SU 047 036

NOTE: MARGARDS LANE, VERWOOD 10:00 (In road near school) OL22 GR SU 082 081 13 Tues 3.7 mls Dewlands Common, Stevens's Castle, Buddens Copse, Circular walk around Verwood on paths, tracks and minor roads. A couple of stiles. One field could be muddy. 14 Weds HUB CP 09:25 or CLAY HILL CP 10.00 EXp OL 22 GR SU 232 024 5.0 mls Forest circular, heather and woodland 17 Sat NOTE: POTTERNE PARK CP 10:00 (Near Tennis Cts) Exp OL22 GR SU 095 075 10.0 mls Potterne Park to Bakers Hanging (Moors Valley) and back via View point and Iron Age sites HUB CP 09:15 or BROOMY WALK CP 10:00 20 Tues Exp OL22 GR SU 197100 **3.25 mls** Woodford Bottom, Black Barrow, Lin Wood 21 Weds HUB CP 09:15 or ABBOTS WELL CP (Frogham) 10.00am Exp OL22. GR SU 177 128 6.0 mls Hampton Ridge, Sloden Inclosure, Hasley Inclosure, Ogdens. Tracks, some slopes, possible mud after rain 23 Fri HUB CP 09:00 or WOOLLAND HILL VIEWPOINT 10: 00 Exp 117 GR ST 785 059 (Parking in pull in at roadside). 9.5 mls. Rawlsbury Camp, Dorsetshire Gap, Hilton. Hills & styles 25 Sun WALK NOT SUBMITTED WALK NOT SUBMITTED 27 Tues HUB CP 09:15 or THE MOOT CP DOWNTON 10:00 28 Weds Exp 130 GR SU 182 214 5.5 mls Barford Down, Standlynch, Trafalgar Park Avon Valley Path. Some styles & mud. **OCTOBER** 01 Sat HUB CP 09:20 or CRANBORNE GARDEN CTR (at top end) 10:00 Exp 118 GR SU 056 132 (Consider a coffee or drinkon return. Car share if possible) 9.5 mls Penbury Knoll, Salisbury Plantation, Bowldish Pond, Hills & Mud HUB CP 09.30 or MATCHAMS LANE CP 10:00 04 Tues OL 22 GR SZ 128 990 3.5 mls. A walk in Hurn Forest Leaders at start Ann & David Lanigan 01202 893981 Mob 07966 38800 05 Weds HUB CP 09:20 or COY POND BOURNEMOUTH 10:00 Exp OL22 GR SZ 067 923 5.7 mls Bournemouth Gardens, Seafront, Branksome Chine. Some road walking. HUB CP 09:00 or MARINE DRIVE EAST, BARTON ON SEA 10:00 Exp OL22 GR SZ 242 929 07 Fri 9.0 mls Barton on Sea, Downton, Danes Stream, Sturt Pond, Milford on Sea. Fairly flat, tracks, clifftop paths, possibly muddy. **09 Sun** WALK NOT SUBMITTED HUB CP 09.30 or BURLEY CP opp' the Cricket Gr'd 10:00 11 Tues Exp OL22 GR SU 214 027 3.5 mls. Shappen Hill, Burbush Hill, old Railway line, Turf Hill 12 Weds HUB CP 09:25 or DROVERS INN GUSSAGE ALL SAINTS 10:00 Exp118 GR SU 003 107 (Consider a coffee or drinkon return. Car share if possible) 5.0 mls Harley Down, Ackling Dyke, Harley Lane No Stiles, Mainly Undulating Tracks 15 Sat HUB CP 09:00 or CULVERHAYS CP SHERBORNE 10:00 Exp 129 GR ST 641 164 10.0mls - A walk through Sherborne to Sandford Orcas and back. 18 Tues HUB 09:15 or FARNHAM 10:00 In Road, Side of Museum Exp118 GR ST 959 151 3.5 mls Jubilee trail, Chettle & New Town,. Via Fields and Lanes ,1 stile & very gentle inclines.

HUB CP 08:50 or WORTH MATRAVERS 10:00

8.5 mls. Circular walk to Durlston Head.

WALK NOT SUBMITTED

09 Fri

11 Sun

Exp OL 15 GR SY 975 776

- 19 WedsHUB CP 09:30 or BLACKWATER GROVE ALDERHOLT 10:00Exp OL22 GR SU 112 123
(Please park with consideration at the far end of Blackwater Grove)5.5 mls 12(!) stiles, tracks, grassy footpaths and quiet lanes, gently undulating.
- 21 FriHUB CP 09:15 or BREAMORE CHURCH 10:00Exp OL22 GR SU 154 1889.5 mls Moderate, Mizmaze, Gallows Hill, Whitsbury, Rockbourne Whitsbury Common,
Outwick.

23 Sun WALK NOT SUBMITTED

- 25 Tues HUB CP 09:30 or Wimborne Rd FERNDOWN (opp Colonial G'ge) 10:00. OL22 SU 065 008 3.3 mls Ferndown Common, Longham, Knoll
- 26 Weds HUB CP 09:15 or ROSE & THISTLE PH ROCKBOURNE 10:00 Exp OL22 GR SU 114 184 (Double park far end of CP &Consider a coffee or drinkon return. Car share if possible) 6.0 mls mainly tracks and paths good views, undulatin
- 29 SatHUB CP 09:00 or CORFE CASTLE N T CP 10:15Exp OL15 GR SY 960 8218.0 mls. (Bring Bus Pass) Linear walk along the ridge to Swanage, return by bus, or by train.

NOVEMBER

01 Tues	 HUB CP 09:00 or HENGISTBURY HEAD Hikers cafe 10:00 (Park in main car park, with charge, or if room in the road) 3.0 mls. Circular walk to the Black House and over Warren Hill. 	Exp OL22 GR SZ 163 912 d free for two hours)
02 Weds	HUB CP 9:15 or PAMPHILL CP 10:00 5.5 mIs Kingston Lacy Estate, Lodge Fm, King Down.Roads & trac	Exp 118. GR ST 990 007 ks, possible mud after rain.
04 Fri	HUB CP 09.20 or MARTIN VILLAGE CHURCH CP 10:00 9.5 mls Knapbarrow Fm, Black Hill Fm, Whitsbury Down, Duck's N Bush.	Exp OL 22 GR SU 070 195 lest Long Barrow, Beggar's
06 Sun	WALK NOT SUBMITTED	
08 Tues	HUB CP 09.30 or MARTIN DOWN CP 10:00 (off A 354) 4.0mls . Bokerley Farm, Woodyates, Chettle Head Copse, Kit's Gra	Exp 118 GR SU 037 201 ave.
09 Weds	HUB CP 9.15 or MARTIN DOWN CP 10:00 6.0mls. Bokerley Dyke , Penbury Knoll, Pentridge	Exp 118 SU 037 201
12 Sat	WALK NOT SUBMITTED	
15 Tues	HUB CP 09:30 or THE ANGEL PUBLIC HOUSE CP 10:00 (Car Share if possible and park well away fr 3.0 mls Level – mainly tracks and paths – Ferndown Heath	Exp OL22 GR SZ 068 992 om PH)
16 Weds	HUB CP 09:30 or FERNDOWN SPORTS CTR CP 10:00 5.5 mls To Cannon Hill and return	Exp OL22 SU 071 006
18 Fri	HUB CP 9:20 or BROAD CHALKE CHURCH CP 10:00 . 10.0mls Fifield Bavant, Ebbesbourne Wake, Bowerchalke. Modera	Exp 130 GR SU 041 254 te, some hills
20 Sun	HUB CP 09:30 or COMPTON ABBAS AIRFIELD CP 10:15 6/7 mls - Compton Abbas, Fontmell Down & Melbury Hill undula	Exp 118 GR ST 890 185 ting!
22 Tues	HUB CP 09.30 or BROAD CHALKE CHURCH CP 10:05 3.5 mls Stoke Farthing, Chalke Pit	Exp 130 GR SU 041 254

- 23 Weds HUB CP 09:30 or CRANBORNE GARDEN CENTRE CP 10:00 Exp 118 SU 056 132 (Park at top end and consider a coffee drink or snack on return) 5.2 mls Holwell Farm, Great Rhymes Copse, Castle Hill Wood
- 26 Sat HUB CP 09:20 or CANFORD SCHOOL 10:00 (Nearby/Road Parking) Exp118GR SZ 031 987 10.0 mls Bridge under A31, Lake Gates, Corfe Mullen Naked Cross, Viewpoint on Upton Heath Trailway to Merley.
- 29 Tues WALK NOT SUBMITTED
- 30 WedsHUB CP 09:20 or GUSSAGE ALL SAINTS C'CH 10:00 (Roadside)Exp 118 GR ST 999 1085.5mls Circular taking in Cursus and Gussage Hill

DISCLAIMER: Walking is inherently safe but people should be aware of their own fitness levels and ability to complete a walk before they start out. Walkers should be appropriately dressed and prepared for a wide variety of terrain and weather conditions. A third party Insurance is held by the Club, which does not cover personal indemnity. The Club or any of its agents acting on behalf of the Club shall not be held responsible for the death, injury, accident or damage, etc to the person or property of any member, guest or any other person, occurring during and arising from participation in any of the activities advertised in the Club's programme. Third Party Damage or Accidents to any person on a walk should be reported immediately to the Club secretary.

FIND THE WALK START POINT: Use http://www.streetmap.co.uk Enter the Grid Ref e.g. SU962032 in the "GO" box and the map location will appear. To convert to Post Code or other ref. for SAT NAV click on "here" below white arrow below the Map.

