



PROGRAMME: MARCH, APRIL, MAY 2016

## GENTLE EXERCISE FRESH AIR GOOD COMPANY

Our club, formed in 1972, offers three walks of 3-4 miles, 5-6 miles, and 9-10 miles, each week, enjoying the stunning downland of Cranborne Chase, woodland and heath in the New Forest, and coastal paths of the Purbecks and World Heritage Jurassic Coast.

## WHY NOT JOIN US FOR A TASTER JUST TURN UP AT ANY OF THE WALKS AND INTRODUCE YOURSELF OR ENQUIRE ON 01202 822874



**NB 1: MEETING at THE HUB Car Park, Verwood** is an opportunity for car sharing, but it cannot be guaranteed that anyone will be there. The time given is the <u>latest</u> departure time; please arrive at least a few minutes before.

NB 2: CANCELLED WALKS: If you have any doubts, for whatever reason, that a walk may not go ahead as published, IT IS YOUR RESPONSIBILITY TO CONFIRM BY CONTACTING THE LEADER before going to the starting point.

NB 3: DOGS: Members are not encouraged to bring dogs, as some members may feel discomfort. Walks invariably pass through areas containing livestock. If brought they should be on a lead at all times and under control. Damage by dogs is not covered by the Club's insurance policy and would be the owner's responsibility.

## **MARCH**

01 Tues WALK NOT SUBMITTED 02 Weds WALK NOT SUBMITTED WALK NOT SUBMITTED

**08 Tues** THE HUB CP 09:20 or **HALE PURLIEU CP** Exp OL22 GR **SU 188 177** 

3.75 mls Hatchet Green, Hale House, Higher End Farm. Some road walking and inclines, likely to

be muddy in places. NOTE Approach CP from Woodgreen

09 Weds NOTE: POTTERNE PARK CP 10:00

Exp OL22 GR **SU 095 075** 

**5.0 mls**. Around Moors Valley & Ringwood Forest.

11 Fri THE HUB CP 09:00 or MAIDEN CASTLE CP DORCHESTER 10:15 Exp OL15 GR SY 669 889 9.5 mls Strenuous; Higher Ashton Fm, Ridge Hill, Hell Bottom, Bronkham Hill, Pen Barn Fm, Martinstown THE HUB CP 09:20 or LINFORD BOTTOM CP 10:00 13 Sun Exp OL22 GR SU 180 072 **6.0mls** Forest Circular May be Muddy - 2 steep slopes - no dogs please. THE HUB CP 09:40 or WOODLANDS PLAYING FIELD FIELD 10:00 15 Tues Exp 118 GR SU 051 090 3.4 mls Woodlands Pk, Knobs CrookWoodlands Manor Fm. Undulating, 4 0r 5 stiles. THE HUB 09:20 or PAMPHILL CP 10:00 16 Weds Exp 118 GR ST 991 007 5.7mls Pamphill, Lodge Farm, King Down 19 Sat **WALK NOT SUBMITTED** 22 Tues THE HUB CP 09:15 or HIGHCLIFFE CP Nr Cliffhanger Cafe 10:00 Exp OL22 GR **SZ 216 933** 3.5 mls Cliff paths and Beach to Highcliffe Castle, Friars Cliff and return. THE HUB CP 09:30 or CP opposite BURLEY Cricket Ground 10:00 23 Weds Exp OL22 SU 213 029 5.5 mls Shappen Bottom, Burbash Hill, Church Moor, Castle Hill 25 G'd Fri THE HUB 09:30 or HASKINS CP 10:00 (Meet near CP Entrance) Exp OL22 GR **SZ 066 985** 9.0 mls Longham Lakes, Canford Magna and the River Stour..Level walk with some stiles. **WALK NOT SUBMITTED** 27 E'r Sun THE HUB CP 09:35 or WHITE SHEET HILL CP 10:00 29 Tues Exp 118GR SU 047 036 3.5 mls. A walk over Holt Heath. 30 Weds THE HUB CP 09:20 or MILKHAM COMMON CP 10:00 Exp OL22 GR SU 217 101 5.0 mls Forest Circular. Some hills

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02 Sat	WALK NOT SUBMITTED		
05 Tues	NOTE: THE HUB CP 10:00 3.0 mls via CraneValley GC & Woodlands.		
06 Weds	THE HUB CP 09:25 or <b>BURLEY CP10:00 5.0 mls</b> Forest Circular. Some hills.	Exp OL22 <b>GR SU 214 028</b>	
08 Fri	THE HUB CP 09:30 or <b>CRANBORNE GARDEN CENTRE 10:00</b> Exp 118GR SU <b>056 132</b> ( <b>Consider a snack or drink on return &amp; car share if possible</b> ) <b>8.5 mls</b> Cranborne, Edmonsham.,Sutton Holmes. Hopefully blue bells to see.		
10 Sun	WALK NOT SUBMITTED		
12 Tues	WALK NOT SUBMITTED		
13 Weds	THE HUB CP 09:20 or <b>SMUGGLERS ROAD CP 10:00 ( Ltd ? Car Share)</b> Exp OL22 <b>SU 187 041 5.0 mls</b> Undulating Heath Walk Mainly tracks & Paths		
16 Sat	THE HUB CP 09:20 or <b>BROAD CHALKE Church 10:00 10.5 mls</b> . Stoke Down, Salisbury Race Course, Stratford Tony, Ebble V	Exp 130 GR <b>SU 041 254</b> alley.	
19 Tues	THE HUB CP 09:15 or <b>ROCKBOURNE ROSE &amp; THISTLE PH 10:00</b> Exp OL 22 GR <b>SU 114 184 3.5 mls</b> Walk via Whitsbury Church. ( <b>Consider a drink or snack on return</b> )		
20 Weds	THE HUB CP 09:15 or <b>ASHLEY WALK CP 10:00 5.0 mls</b> Circular. Godshill and Castle Hill	Exp OL22 GR <b>SU186156</b>	

22 Fri	HUB CP 9.15 or <b>WIN GREEN 10:00</b> . <b>10.0 mls</b> Berwick St John, Whitesheet Hill. Strenuous & some styles.	Exp 118 GR <b>ST206 925</b>
24 Sun	THE HUB CP 09:00 or <b>WORTH MATRAVERS CP 10:15 6.5 mls</b> Strenuous: Via Quarry and St Adhelms Head to Square & Cor	Exp OL15 GR <b>SY 974 776</b> mpass for Pie & Pint.
26 Tues	THE HUB CP 09:30 or <b>CRANBORNE GARDEN CENTRE 10:00</b> ( <b>Consider a snack or drink on return &amp; car share if</b> 3.5 mls. Cranborne Estate Could be muddy	Exp 118GR <b>SU 056 132</b> f <b>possible)</b>
27 Weds	THE HUB CP 09:15 or LANGTON ARMS ,TARRANT MONKTON 10:00 Exp 118 GR ST 944 088 (Consider a Coffee or Drink on return) 5.0 mls Common Drove, Chetterwood, Horse Down, Turner's Lane	
30 Sat	THE HUB 09:00 or <b>SANDFORD ROAD WAREHAM 10:00 10.0mls</b> Wareham Forest Circular Undulating heathland probably mud	Exp OL15 GR <b>SY 922 885</b> dy in parts.

	MAY		
03 Tues	THE HUB CP 09:20 or <b>GARSTON/PRIBDEAN WOOD CP 10:00</b> 3.0 mls Upwood, Deanland, Newtown, Shermal Gate Undulating woods	Exp 118 GR <b>SU 003 195</b> s and fields.	
04 Weds	WALK NOT SUBMITTED		
06 Fri	NOTE Early Start THE HUB 08:40 or TOLPUDDLE 09:40 Exp OL 15 GR SY 795 944 Park on Main Road, east of The Martyrs Inn and near Orchard Meadow bus stop.  Take 09:50 Damory bus 187 to Dorchester. Remember your Bus Pass and/or Cash.  9.5 mls Linear walk via Stinsford, Hardy's Cottage & Puddletown.		
08 Sun	THE HUB CP 09:15 or <b>WHITEFIELD MOOR CP 10:00 6.6 mls</b> South Weirs, Backhamsley Hill, Wilverley	Exp OL22 GR <b>SU 284 026</b>	
10 Tues	THE HUB CP 09:20 or <b>PAMPHILL CP 10:00 3.5mls</b> . Abbots Street Copse, Riverside walk.	Exp 118 GR <b>ST 991 007</b>	
11 Weds	THE HUB 09:15 or <b>UPTON HOUSE Main CP 10:00 5.0 mls</b> Circuit of Holes Bay following waterside (Tide allowing), over nemetalled path.	Exp OL15 GR <b>SY 992 929</b> ew bridge & back north side	
14 Sat	THE HUB CP 08:50 or <b>ABBOTSBURY CP 10:15 8.5 mls</b> Chesil Beach, West Bexington, Wears Hill	Exp OL 15 GR <b>SY 578 852</b>	
17 Tues	NOTE: EBBLAKE CP 10:00 3.0 mls Circular forest walk in Ringwood Forest and Moors Valley Park. Could be muddy.	Exp OL22 GR <b>SU 108 077</b> Tracks and paths, no stiles.	
18 Weds	THE HUB CP 09:20 or <b>COY POND BOURNEMOUTH 10:00 5.7 mls</b> Bournemouth Gardens, Seafront, Branksome Chine. Some road	Exp OL22 <b>SZ 067 923</b> d walking.	
20 Fri	THE HUB CP 09:20 or <b>GARSTON/PRIBDEAN WOOD CP 10:00 9.6 mls</b> Garston Wood, Middle Chase Farm, Cow Down Hill, Ox Drove Cobley, West Woodyates Manor. Lanes and tracks. Could be muddy.	Exp 118 GR <b>SU 003 195</b> , The Hut, Roman Road,	
22 Sun	THE HUB CP 09:00 or <b>TOP CP ABOVE RINGSTEAD BAY 10:15 7.5 mls</b> Moderate walk to Smugglers Inn Osmington Millsand returmn v	Exp OL 15 GR <b>SY 758 824</b> ia White Nothe	
24 Tues	THE HUB 0920 or <b>MARTIN DOWN CP 10:00</b> . <b>3.5 mls.</b> . Bockerley Ditch Jubilee Trail	Exp 118 GR <b>SU 037 201</b>	
25 Weds	THE HUB CP 09:15 or <b>LONGSLADE VIEW CP 10:00 5.6 mls</b> Wilverley Plain, Wootton Bridge, Set Thorns	Exp OL22 GR <b>SZ 279 999</b>	

28 Sat THE HUB CP 09:00 or OLD SARUM CASTLE CP Salisbury 10:00 Exp130 GR SU 139 326

**9.5 mls** Keepers Cottage, Netton, Woodford Bridge, Mid' Woodford, Avon Fm. Undulating with

some stiles and Quiet Lanes.

## 31 Tues WALK NOT SUBMITTED

<u>DISCLAIMER:</u> Walking is inherently safe but people should be aware of their own fitness levels and ability to complete a walk before they start out. Walkers should be appropriately dressed and prepared for a wide variety of terrain and weather conditions. A third party Insurance is held by the Club, which does not cover personal indemnity. The Club or any of its agents acting on behalf of the Club shall not be held responsible for the death, injury, accident or damage, etc to the person or property of any member, guest or any other person, occurring during and arising from participation in any of the activities advertised in the Club's programme.

Third Party Damage or Accidents to any person on a walk should be reported immediately to the Club secretary.

